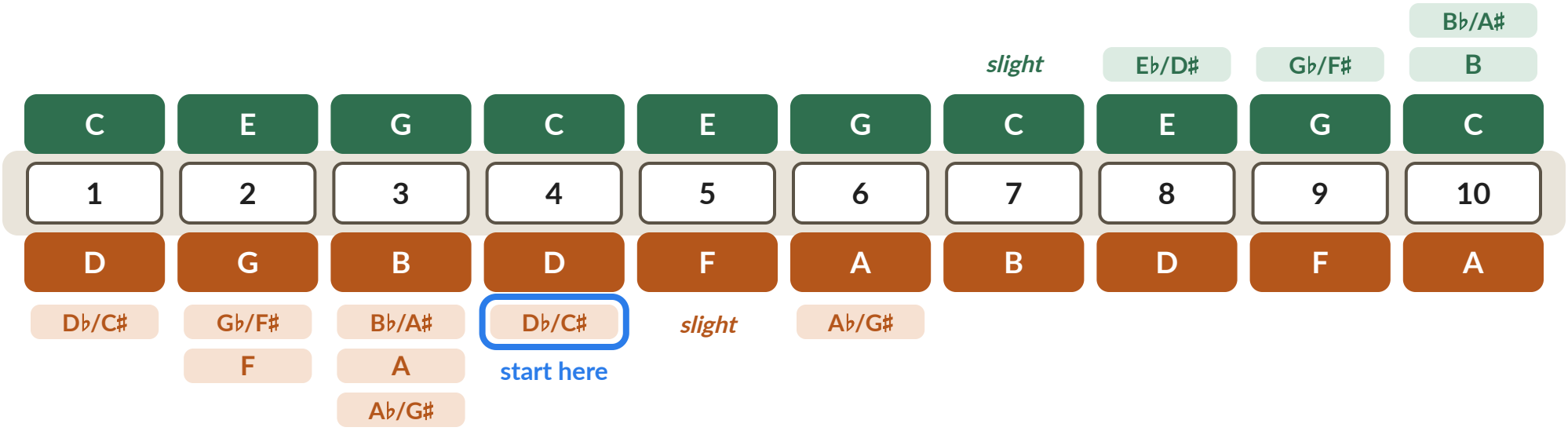
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C harmonica bend chart

BLOW (out)



DRAW (in)

Only the higher note of each hole bends, down to a half step above the lower note.

HOW TO BEND A DRAW NOTE

1. Play a clean draw note on hole 4 and hold it. Breathe in gently and steadily.
2. While you draw, lower your jaw.
3. At the same time, curve your tongue back into a rounded position, so its back rises toward the roof of your mouth. The book's cue is to say "AUHH" as you play, which puts the jaw where it needs to be.
4. Move slowly and listen. When the note drops, stop moving and hold the shape there.
5. Release back to the plain note, then bend again. Go down and back slowly, a few times in each session.

Exercises, blow bends and fixes for common problems: musescore.com/articles/materials/harmonica/harmonica-bending

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