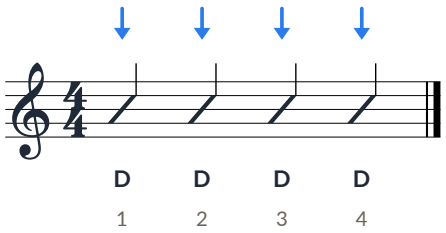
MuseScore

Guitar strumming patterns cheat sheet

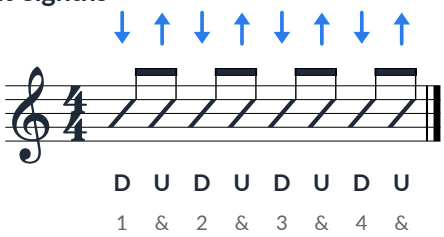
↓ downstrum ↑ upstrum ↓ ghost (hand moves, misses) x muted strum > accent (&) miss

Keep your hand moving

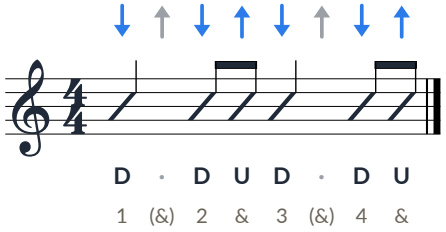
1. All downstrums — 70 BPM



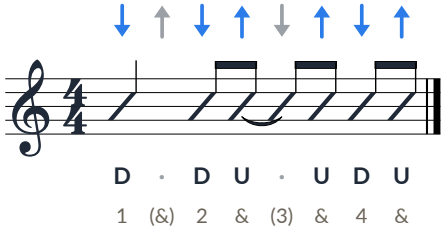
2. Straight eighths — 60 BPM



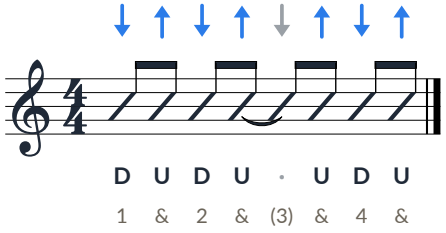
3. Down, down-up — 70 BPM



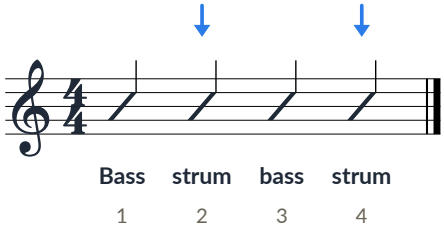
4. The common pattern — 60 BPM



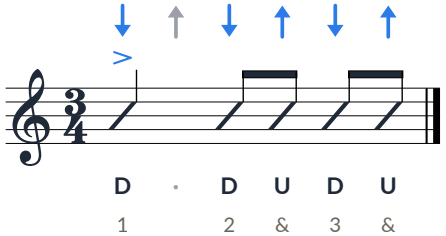
5. The pause pattern — 60 BPM



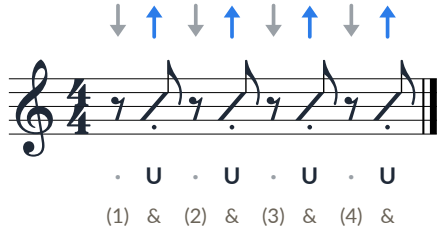
6. Bass note and strum — 80 BPM



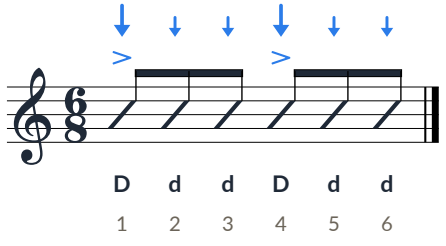
7. 3/4 waltz strum — 90 BPM



8. Reggae offbeat — 70 BPM



9. 6/8 time — 90 BPM



Next step: sixteenth notes — half your 8th-note tempo

